



EN

 **LUCKY**  
SPA & RELAX

Spa treatments  
and therapies

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FULL BODY MASSAGES

## FULL BODY MESSAGES

### CLASSIC MASSAGE

*Prophylactic massage, which removes the accumulated fatigue on the whole body, relaxes muscles, strengthens blood circulation, improves the activity of the lymphatic and nervous systems.*

**BGN 99/50 min.**

### CLASSIC MASSAGE + THERAPY WITH THERAGUN, USA.

*A combination of classic massage techniques and the high-tech vibrating device Theragun, which uses three principles to „speak“ the language of your body.*

*Professional percussion (shock) therapy is a combination of 16 mm amplitude, frequency and torque. This triad relieves pain, improves movement and aids recovery.*

**BGN 120/50 min.**

### DEEP TISSUE MASSAGE

*Massage, which uses various massage techniques that cause beneficial changes in the body, such as eliminating inflammatory processes and strengthening blood circulation.*

**BGN 110/50 min.**

### AROMA MASSAGE

*Aromatherapy procedure that combines the healing power of massage and the natural therapeutic properties of essential oils that pass through the skin directly into the circulatory system.*

**BGN 110/50 min.**

## FULL BODY MASSAGES

### AYURVEDIC MASSAGE

*Relaxing massage with detoxifying effect that reduces fatigue, nourishes the heart and tissues, improves sleep, tones muscles, strengthens immunity, strengthens bones and nerves.*

BGN 99/50 min.

### MASSAGE WITH VOLCANIC STONES

*Relaxing massage using warm volcanic stones immersed in exotic oils.*

*The combination of deep penetrating heat of the stones, aromatherapy and traditional techniques for complete massage relieves muscle tension.*

BGN 140/75 min.

### ROYAL MASSAGE

*Combines in a perfect experience techniques of lomi-lomi, shiatsu, Thai, classical and Balinese massage. Reduces joint stiffness, relaxes in depth, balances muscle tension.*

BGN 150/80 min.

### POWDER MASSAGE

*Massage with healing herbal powder with a deep effect, resembling peeling.*

*Improves metabolic processes and has a reducing effect on adipose tissue.*

BGN 125/50 min.

## PARTIAL MESSAGES



### AFTER SKI STRETCHING

*Technique for quick physical recovery of the legs after skiing and snowboarding.*

**BGN 59/25 min.**

### FACE AND SCALP

**BGN 55/25 min.**

### COLLAR MASSAGE

**BGN 55/25 min.**

### BACK MASSAGE

**BGN 59/25 min.**

### BACK AND LEG MASSAGE

**BGN 65/30 min.**

### REFLEXOLOGY

*Massage, which uses reflex points to press on the feet in order to restore the balance of the chakras and support the energy flow in the body.*

*It has a positive effect on all organs and systems, activating and harmonizing them.*

**BGN 59/25 min.**

## CHILDREN'S MASSAGES



### SEA ADVENTURE

*Relaxing swaying massage and warm sandbags for feet, hands and back.*

**BGN 49/30 min.**

### SWEET DREAM

*Full body massage, which improves blood circulation, tones muscles and nourishes delicate baby skin.*

**BGN 45/25 min.**

### SHORT HOLIDAY - back massage

*Relaxing massage of the back, arms and scalp.*

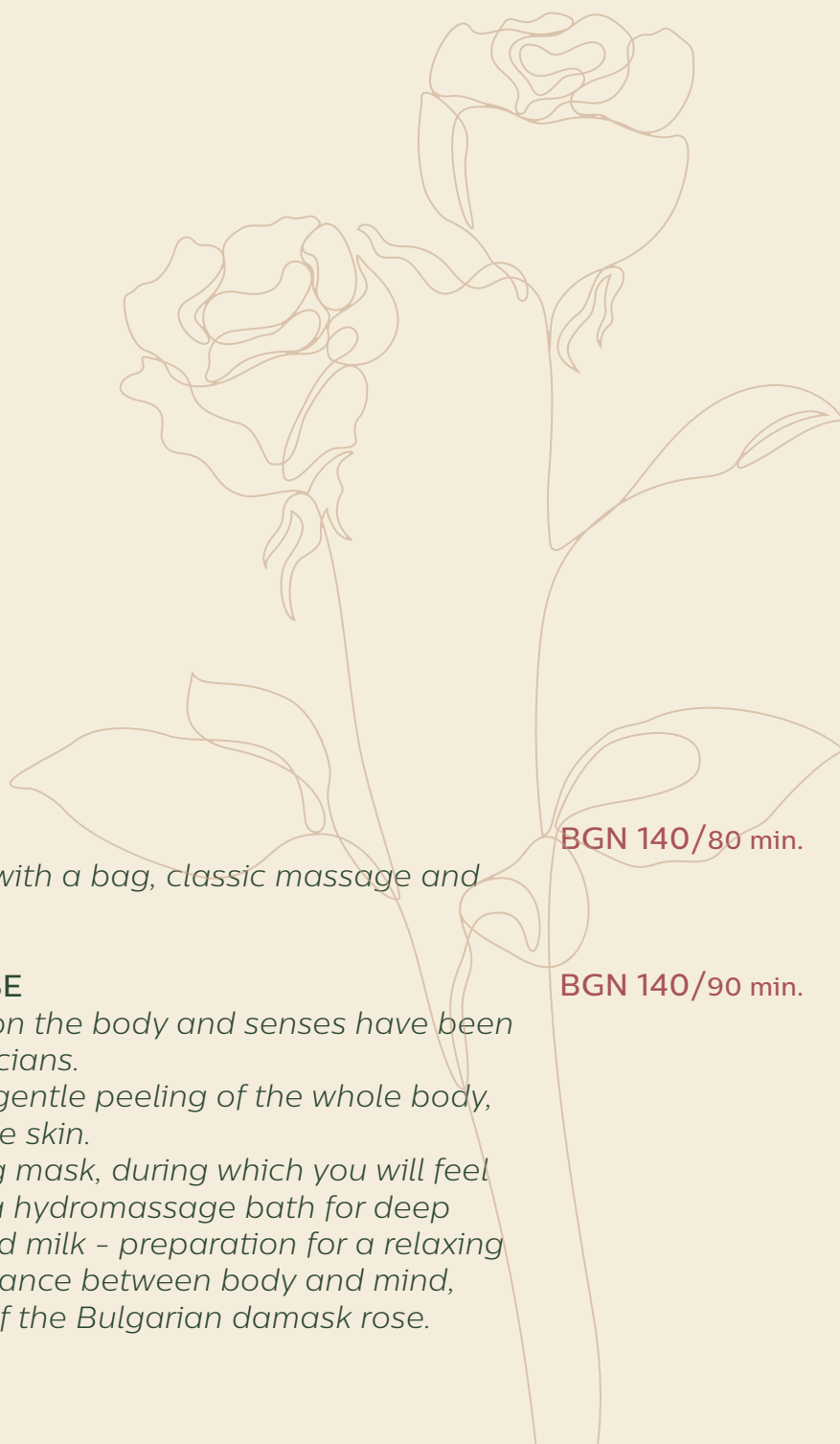
**BGN 29/15 min**

### THE LITTLE PRINCESS

*A combination of children's massage, manicure and pedicure.*

**BGN 99/50 min.**

## SPA RITUALS



### RECHARGE

*Combination of oriental peeling with a bag, classic massage and face mask.*

**BGN 140/80 min.**

### DAMASCENA - BULGARIAN ROSE

*The beneficial effects of rose oil on the body and senses have been known since the time of the Thracians.*

*The modern ritual begins with a gentle peeling of the whole body, which cleanses and revitalizes the skin.*

*It continues with the rejuvenating mask, during which you will feel a surge of new strength. Next is a hydromassage bath for deep hydration with Bulgarian rose and milk - preparation for a relaxing massage that will restore the balance between body and mind, enveloping you with the aroma of the Bulgarian damask rose.*

**BGN 140/90 min.**

## PROCEDURES IN THE TURKISH BATH (HAMAM)

### ORIENTAL PEELING KESE

*Traditional oriental procedure for cleansing the body with a specially made glove of silk threads - bag, after pre-warming and moisturizing the skin in the Turkish bath.*

BGN 72/25 min.

### PEELING WITH HONEY AND COFFEE ON THE WHOLE BODY

*An amazing combination of natural coffee, candied honey and herbal oils to achieve silky soft, naturally hydrated, firm and with improved elasticity skin.*

BGN 82/25 min.

### ORIENTAL PEELING WITH FOAM MASSAGE

*A great combination of traditional oriental therapy for exfoliating the whole body with a silk glove and a classic massage with aromatic foam from natural soaps.*

BGN 149/55 min.

### ORIENTAL FAIRY TALE

*A magical exotic experience, including an authentic oriental peeling (bag), followed by a relaxing aromatic foam massage with natural soaps and finally - a mask with algae for face and body for complete detox, cleansing and deep nourishment of the skin.*

BGN 195/90 min.



# ANTI-CELLULITE AND WEIGHT LOSSING PROCEDURES

## RADIOFREQUENCY BODY LIFTING (ONE ZONE OF CHOICE)

*An innovative method for body modeling.*

*An effective procedure using low-frequency radio waves, which remove fat deposits through the epidermis without heating it, and activate its action in the layers of the dermis.*

*The thermal effect restores the synthesis of elastin and collagen, speeds up metabolism, improves skin tone and helps eliminate cellulite.*

**BGN 69/30 min.**

## RADIOFREQUENCY BODY LIFTING (5 ZONES OF CHOICE)

**BGN 276**

## ANTI-CELLULITE MASSAGE

*Massage of a problem area, combining deeply affecting techniques.*

*They are aimed at reducing the volume and amount of accumulated subcutaneous adipose tissue.*

*Drainage techniques are also used to reduce fluid retention in the cell and intercellular space.*

**BGN 69/40 min.**

## PACKAGE 5 ANTI-CELLULITE MESSAGES

**BGN 276**

## BODY THERAPIES: THALGO – FRANCE

### THE MAGIC OF INDIA

*Exfoliation with melting peeling - a combination of Indian red algae, Ayurvedic oils, ginger, sugar and sea salts.*

**BGN 65/30 min.**

### EXOTIC ISLAND

*Vanilla and tiara scented cleansing procedure. The exfoliating mixture is a fine combination of crushed coconut shells and white Bora Bora sand mixed with nourishing exotic oils.*

**BGN 65/30 min.**

### INDOSEAN

*A harmonizing spa ritual inspired by Ayurveda. It combines marma therapy to balance energy points and yoga techniques to achieve a balance between body and mind.*

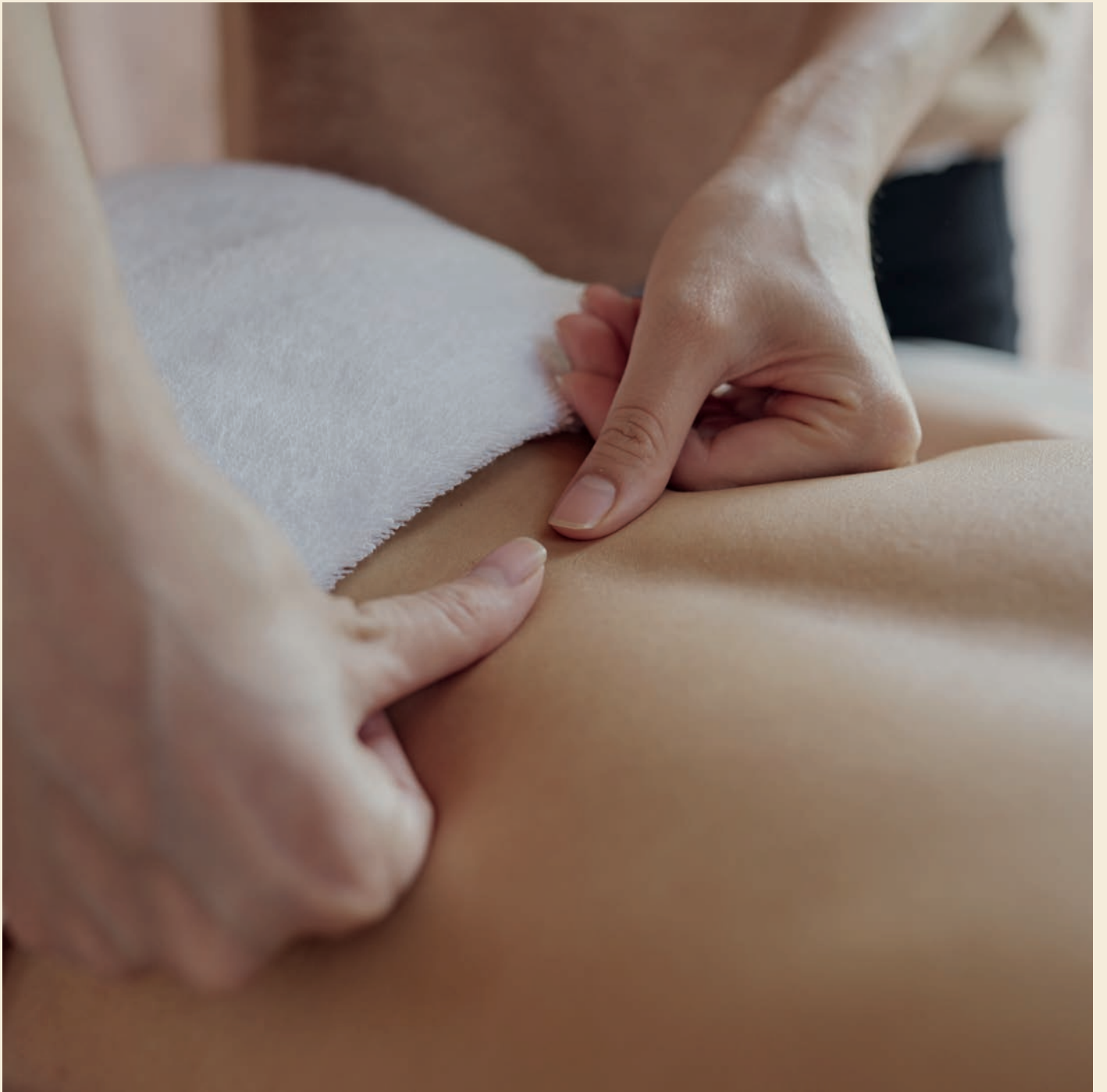
*The spa ritual begins with an aromatic effervescent bath, which hydrates the skin and envelops it in a gentle fragrance. This is followed by exfoliation with sea salt, sugar and ginger in combination with Ayurvedic oils. Ayurvedic massage is performed with harmonizing movements and aromatic sesame oil with coriander, cypress, sage and sandalwood.*

**BGN 175/90 min.**

### POLYNESIA

*A relaxing spa ritual that includes exfoliation with white sand from Bora Bora, sea salts and coconut shells, a sea lagoon bath, an exotic lomi-lomi massage, followed by a massage with warm sandbags.*

**BGN 150/90 min.**



# HYDROMASSAGE THERAPIES IN A PROFESSIONAL BATH

## INTENSIVE RELAXING MASSAGE

*A memorable relaxing experience in an aromatic hot tub with a built-in system of nozzles that create water jets, massaging the body with different strength and at different angles.*

**BGN 39/20 min.**

## INTENSIVE LYMPHATIC MASSAGE

*The special aromatic bath with intensive lymphatic massage creates a feeling of lightness and perfection. The massage is expressed in the sequential inclusion of water jets in four zones, starting from the legs and ending with the upper body. For the final - caressing pearl massage.*

**BGN 45/25 min.**

## ANTI-CELLULITE TANGENTIAL MASSAGE

*Tangential massage is an extremely effective method for breaking down cellulite.*

*The heat of the water, directed under pressure to the problem areas, has a deep effect on the toxins accumulated around the fat deposits, and helps to break down cellulite and smooth the skin. Finishes with a gentle pearl massage.*

**BGN 45/25 min.**

## **DETOX THERAPY WITH AEMOTIO WATER BED**

### **MANUAL VICHY SHOWER MASSAGE /massage, chromotherapy/**

*Relax on a comfortable water bed, feeling the light boost of the „sea“ waves, while the gentle and warm water jets of the Vichy shower caress your skin.*

*The pleasure is complemented by a soothing hand massage.*

*This is one of the best hydrotherapeutic massage procedures with a relaxing and anti-stress effect.*

**BGN 115/55 min.**

### **WRAPPING WITH MICRONIZED ALGAE**

*/steam bath, thalassotherapy, chromotherapy and Vichy shower/*

*The body is wrapped in a mask of 100% natural algae, followed by a steam bath and hand massage under a Vichy shower.*

*The therapy has a deep draining and detoxifying effect, helping to eliminate toxins in the body, prevents water retention and promotes weight loss.*

*A real tonic effect on the whole body that will help you achieve the desired shape.*

**BGN 115/55 min.**

## DETOX THERAPY WITH AEMOTIO WATER BED

### WRAPPING WITH DEAD SEA MUD AND EXFOLIATION WITH SEA SALTS */steam bath, exfoliation, mud therapy, chromotherapy and Vichy shower/*

BGN 140/55 min.

*The body is covered with mud collected from the shores of the Dead Sea, then gently wrapped around the steam bath. This is followed by exfoliation with sea salts, and finally - a relaxing effect of Vichy shower. The therapy cleans pores, removes oily secretions from the skin and is an excellent tool for dealing with eczema, pimples and inflammation. High efficiency in the fight against cellulite.*

### WRAPPING WITH HEALING PEAT MUD

BGN 120/55 min.

*/steam bath, mud therapy, therapeutic body massage / Application of the whole body with warmed healing mud, which absorbs toxins and has a strong detoxifying effect. Healing peat mud has anti-inflammatory, analgesic and immunostimulatory effects; improves blood circulation, activates metabolism and strengthens the bone system.*





FACIAL BEAUTY



## COSMETIC FACIAL THERAPIES: THALGO - FRANCE

### **SPIROLINA BUSTER - DETOXIFICATION THERAPY**

**BGN 140/55 min.**

*Detox therapy for smoothing and prevention of the first wrinkles. Therapy that counteracts the first signs of aging associated with urban lifestyle: pollution, fatigue, stress. Thanks to the fresh exfoliating mask with spirulina and marine magnesium, the skin is detoxified, fine wrinkles are smoothed, the complexion is fresh and radiant.*

### **MOISTURIZING RITUAL THE HEART OF THE OCEAN**

**BGN 105/55 min**

*Combining the deep hydrating effect of sea water with the detoxifying effect of trace elements and sea salts, this cosmetic therapy increases hydration levels and restores skin radiance. The procedure begins with a thorough cleansing of the face and neck and exfoliation, followed by a relaxing manual massage. The specific alginate mask with active hydrating serum saturates the skin with hydrating and nourishing active ingredients of marine origin, making it smooth, elastic and dazzling.*

## COSMETIC FACIAL THERAPIES: THALGO - FRANCE



### **HYALLU-PROCOLLAGEN program**

*Cosmetic filler to fill wrinkles and rejuvenate the skin.*

*Thanks to the powerful combination of three types of hyaluronic acid and marine collagen, this extremely effective therapy visibly fills wrinkles and rejuvenates the skin.*

*A trio of cosmetic rollers that perform a specific massage in the area of wrinkles. It acts as a booster for regeneration and visible transformation of the skin.*

**BGN 145/55 min.**

### **SILICIUM program**

*Super lifting effect, visible wrinkle smoothing and incredible skin glow.*

*The patented formula for dermostimulating massage helps to tighten and smooth the skin, and the combination of two professional masks ensures complete treatment of facial areas: hyaluronic mask to smooth wrinkles around the eyes and forehead and sculpting cryomask with marine silicon for sculpting the oval and lifting. features.*

**BGN 165/75 min.**

# COSMETIC FACIAL THERAPIES: AKADEMIE - FRANCE

## ANTI-WRINKLE EYE CONTOUR THERAPY

*The skin around the eye contour is the most delicate and delicate part of the face, which is why it needs special care.*

*The therapy reduces bags, puffiness and dark circles under the eyes.*

**BGN 89/30 min.**

## THERAPY WITH MANUAL CLEANING

*For fresh, clean and radiant skin.*

**BGN 115/55 min.**

## HYALURON program

*Extremely suitable for very dry, dehydrated and damaged skin.*

*The main ingredient of the therapy is the filling hyaluronic acid - a vital molecule for the density of the skin, which provides the supporting function of the epidermis through its ability to attract and retain water.*

**BGN 115/55 min.**

## ANTI-WRINKLE THERAPY

*Moisturizing therapy for prevention and treatment of the first wrinkles, suitable for all skin types.*

**BGN 115/55 min.**

# COSMETIC FACIAL THERAPIES: AKADEMIE - FRANCE

## THERAPY FOR HYDRATION AND NOURISHMENT

*A unique facial ritual that softens and hydrates the skin in depth. Reduces stress, relaxes and removes tension from the face, restores and nourishes the skin, while maintaining its natural levels of hydration.*

**BGN 115/55 min.**

## THERAPY FOR MEN

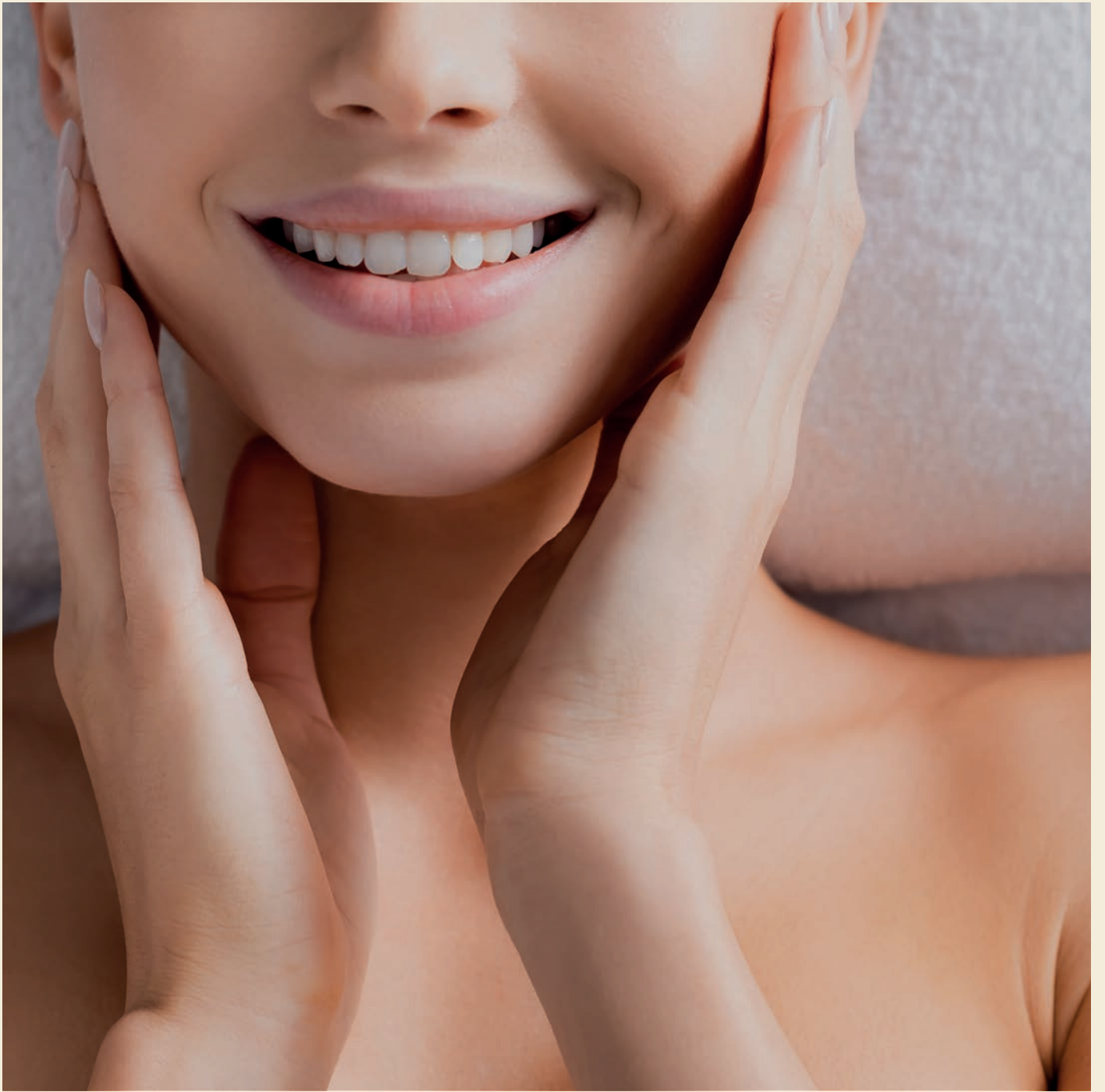
*Soothes dehydrated skin, restoring the natural water balance and eliminating the unpleasant feeling of tightness and discomfort.*

**BGN 115/55 min.**

## HYDRATION PROGRAM + RADIO FREQUENCY LIFTING

*Complex therapy - the latest innovation in non-surgical, safe and painless treatment of sagging skin in the face for instant lifting effect and intensive hydration. Long lasting visible effect!*

**BGN 120/55 min.**



# COSMETIC FACIAL THERAPIES WITH INTRACEUTICALS

The procedures are popular in Hollywood and are used by Madonna and other world stars. The INTRACEUTICALS device produces pure oxygen, through which serums developed with the help of nanotechnology are injected into the skin.

## REJUVENATE - PROCEDURE FOR DEEP HYDRATION AND REJUVENATION

*The rejuvenating serum, which contains a special lightweight molecule of hyaluronic acid in combination with vitamins and powerful antioxidants, causes instant hydration of the skin, which is manifested by visible firmness, smoothing of fine wrinkles, lifting effect of facial contours and overall skin radiance.*

BGN 210/55 min.

## OPULENCE - WHITENING THERAPY

*Represents oxygen penetration into the dermis with active whitening ingredients.*

*The therapy has a hydrating effect, affects the pigmentation in depth and provides a visible result.*

BGN 220/55 min.

## ATOXELENE - UNIQUE LIFTING THERAPY

*Visibly smoothes fine and deeper wrinkles, softening facial lines and giving a youthful look.*

BGN 210/55 min.

## VITAMIN A + BOOSTER

*Regenerative therapy*

*The serum improves uneven texture and deep wrinkles, stimulates the production of collagen and elastin, softens the skin, helps clean it and unclog pores, so it works well in removing pimples.*

*It has antioxidant properties and protects against free radicals.*

BGN 210/55 min.

# COSMETIC FACIAL THERAPIES WITH INTRACEUTICALS



## VITAMIN C + BOOSTER

*Protective therapy for the skin*

*Super antioxidant, with the help of which a radiant and rejuvenating effect is achieved.*

*The three synergistic forms of vitamin C help to smooth, strengthen and protect the skin.*

*Vitamin C also helps to soften the skin.*

**BGN 210/55 min.**

## COLLAGEN + BOOSTER

*Rehabilitation therapy*

*Provides a powerful cocktail of peptides that stimulate the production of collagen and elastin. Newly synthesized collagen restores, rejuvenates and replenishes skin volume.*

**BGN 210/55 min.**

## ANTIOXIDANT + BOOSTER

*Balancing therapy*

*Revitalizes and balances stressed skin with its extremely powerful natural ingredients - antioxidants.*

*Suitable for removing visible puffiness and dark circles around the eyes.*

*Active antioxidant that effectively supports the skin undergoing the aging process: preserves its elasticity, as it keeps lipids and collagen fibers from oxidizing and destroying.*

*Protects the skin from external influences and premature aging.*

**BGN 210/55 min.**

# INTRACEUTICALS PACKAGE OFFERS

## ANGEL PERSON

For prevention of fine wrinkles, hydration and smoothing

- › REJUVENATE - for deep hydration and nourishment
- › ATOXELENE - a unique lifting therapy
- › Vitamin C + booster - protective therapy

**BGN 550**

## NEW LIFE

Designed for ages 40+ with lifting effect

- › REJUVENATE - for deep hydration and nourishment
- › ATOXELENE - a unique lifting therapy
- › Vitamin A + booster - regenerative therapy
- › Collagen + booster - restorative therapy

**BGN 700**

## PHOENIX

Designed for mature skin with a stronger lifting effect, removes imperfections, smoothes and tones

- › REJUVENATE - for deep hydration and nourishment
- › ATOXELENE - a unique lifting therapy
- › Collagen + booster - restorative therapy
- › Vitamin C + booster - protective therapy

**BGN 880**





## SPECIAL FACE THERAPIES



### **Ultrasonic facial peeling**


*Removes the top layer of dead cells and minimizes the signs of aging - pigment spots, wrinkles and dehydration.*

**BGN 45/20 min.**

### **Radiofrequency facelift**

*It is a high-frequency radio wave that penetrates the skin and causes warming of collagen fibers, which in turn activates them and leads to thickening and reduction of wrinkles. The skin is smoothed, tightens and regains its elasticity. Improves blood circulation.*

**BGN 55/25 min.**

A close-up photograph of a hand holding a small, clear glass bottle. The bottle is tilted, and a single drop of liquid is falling from its opening. The background is dark and out of focus. The text "OTHER THERAPIES" is overlaid in the center of the image.

OTHER THERAPIES

## OTHER THERAPIES

### Fish spa

*Rufa fish are distinguished by their ability to remove diseased and dead epithelial cells from human skin. The saliva of these fish contains a special enzyme dithranol, which has a beneficial effect on the skin, making it remarkably smooth.*

**BGN 29/20 min.**

### DETENSOR therapy

*The Detenzor system was developed by Prof. Leonard Kinline after more than 10 years of clinical trials.*

*The client lies for 40 minutes on a special mattress in three parts, which affects both the vertebrae of the spine, which expand, and the muscles. Eliminates back and lower back pain with guaranteed long-lasting effect.*

**BGN 35/40 min.**

*The procedure is performed in the hotel room or while the client is undergoing a cosmetic procedure at the spa.*

### SOLARIUM

*For an even complexion throughout the year.*

**BGN 15/4 min.**

## METRIC-RHYTHM THERAPY

The therapy is performed with the German MRT („MariTe“) device, which vibrates with a frequency of 8-12 hertz.

The procedure is a proven effective and harmless method of treatment and prevention.

By mechanical vibration, which is in sync with the vibrations of the human cell, it acts on the cell nucleus, helping to restore its normal balance.

The therapy is applicable both locally, only on certain parts of the body (head, face and neck, legs, back, abdomen), and complex, on the whole body.

### Benefits:

- Eliminates acute and chronic pain in stretched muscle fibers, migraines, edema, hematomas, helps with problems with lymphatic circulation and postoperative conditions.

- Improves skin elasticity, regulates local muscle spasms, improves joint mobility and nerve regeneration, has a beneficial effect on discopathy, disc herniation, plexitis, osteoporosis and radiculitis.

### MARITE - WHOLE BODY

*Complex action.*

**BGN 125/85 min.**

### MARITE - BACK

*Supports the healing process and improves the condition of: discopathy, spinal deformities, osteoporosis, radiculitis, low and high blood pressure, Bechterew's disease, thorns, diabetes, plexitis, back and lower back pain, respiratory diseases, Parkinson's disease.*

**BGN 65/30 min.**

### MARITE - LEGS

*Supports the healing process and improves the condition of: paralysis, cellulite, neuralgia, muscle cramps, fractures, lymphatic stagnation, horsefoot, flat feet, phantom pain, immobilization, postoperative recovery, edema and varicose veins.*

**BGN 65/30 min.**

## MARITE - COLLAR

**BGN 55/25 min.**

*Supports the healing process and improves the condition of: insomnia, high and low blood pressure, plexitis, neuritis, stiffness, stiffness of the neck muscles, hives and bursitis.*

## LYMPHATIC DRAINAGE

*The procedure is performed with a specialized professional device. The lymphatic system has the difficult task of removing from the body all waste products of cellular metabolism. She does not have a heart to support her circulation, so she does only seven full cycles in a day.*

*Take care of yourself with our latest generation lymphatic drainage device, which will reduce weight and fatigue in the legs, reduce swelling, remove retained fluids and toxins and have a beneficial effect in the fight against cellulite.*

*Good lymphatic circulation improves tissue nutrition at the cellular level, increases tone and causes a surge of energy.*

## LYMPHATIC DRAINAGE

**BGN 55/40 min.**

## PACKAGE OF 3 LYMPHATIC DRAINAGE PROCEDURES

**BGN 130**

## SILHOUETTE PACKAGE

**BGN 145**

*/ 2 lymphatic drainage procedures + anti-cellulite massage /*

## SILGAE PACKAGE

**BGN 190**

*/ 2 procedures lymphatic drainage + water bed with micronized algae /*

## MANICURE

CLASSIC MANICURE	BGN 35
EXPRESS MANICURE	BGN 20
CHILDREN'S MANICURE	BGN 15
VARNISH	BGN 20
APPLYING GEL ON A NATURAL NAIL	BGN 70
MANICURE + SPIKES	BGN 65
SHILAK	BGN 30
REMOVAL OF SPIKES	BGN 15
PARAFFIN THERAPY FOR HANDS	BGN 40

## PEDICURE

CLASSIC PEDICURE	BGN 50
EXPRESS PEDICURE	BGN 25
POLISHING OF STEPS	BGN 15
PEDICURE + SPIKES	BGN 80
SHILAK	BGN 30
REMOVAL OF SPIKES	BGN 15
PARAFFIN THERAPY	BGN 40



MANICURE & PEDICURE

