



LuckyBansko
Spa&Relax
APARTHOTEL ★ ★ ★ ★ ★

spaen

SPA TREATMENTS & THERAPIES



BODY



body

WHOLE BODY MASSAGES

64 ^{BGN}/50 min

CLASSIC MASSAGE

A prophylactic massage that removes the accumulated fatigue from the whole body, strengthens blood circulation, improves the lymphatic system and the function of the nervous system.

72 ^{BGN}/50 min

DEEP TISSUE MASSAGE

A type of massage for which various massage techniques are used that cause beneficial changes in the body of the client such as eliminating inflammatory processes and accelerating blood circulation.

72 ^{BGN}/50 min

AROMA MASSAGE

An aromatherapy procedure that combines the natural therapeutic properties of essential oils and the healing power of the massage by directly absorbing of the oils through the skin and into the cardiovascular system.

88 ^{BGN}/75 min

HOT STONE MASSAGE

A relaxing massage using hot volcanic stones immersed in exotic oils. The deep penetrating warmth of the stones, combined with aromatherapy and traditional massage techniques, relieves the deep muscle tension.

NEW:

96 ^{BGN} / 80 min

ROYAL MASSAGE

*Different massage techniques in one session:
Lomi-Lomi, Shiatsu, Thai, Swedish and Bali massage*

AYURVEDA THERAPIES

64 BGN / 50 min

AYURVEDA MASSAGE

120 BGN / 60 min

ABHYANGAM THERAPY 4 HANDS

100 BGN / 60 min

ABHYANGAM THERAPY 2 HANDS

120 BGN / 50 min

POWDER THERAPY 4 HANDS

100 BGN / 50 min

POWDER THERAPY 2 HANDS

PARTIAL MESSAGES

36 BGN/25 min

FACE AND SCALP

36 BGN/25 min

MASSAGE COLLAR –
NECK AND SHOULDERS

36 BGN/25 min

BACK MASSAGE

40 BGN/30 min

BACK AND LEGS MASSAGE

36 BGN/25 min

REFLEXOTHERAPY

A type of massage that uses reflection points for pressure on the feet to restore the balance of the chakras and to support the energy flow through the body. It has a positive effect on all organs and systems of the body by activating and harmonizing them.

CHILDREN'S MASSAGES

32 BGN / 30 min

SEA ADVENTURE

A relaxing massage with swinging and hot sandbags for the feet, arms and back.

28 BGN / 25 min

SWEET DREAMS

A massage of the whole body which improves the circulation of the blood, tones the muscles and nourishes the gentle children's skin.

18 BGN / 15 min

A SHORT VACATION – BACK MASSAGE

A relaxing massage of the back, arms and scalp.

64 BGN / 50 min

THE LITTLE PRINCESS

A combination of children's massage, manicure and pedicure.

SPA RITUALS

88 BGN / 80 min

RECHARGING

(a combination of Oriental peeling Kese, a classic massage and a facial mask)

88 BGN / 80 min

ANTI-STRESS

(a combination of pearl vortex massage, a classic massage and a facial mask)



PROCEDURES IN TURKISH BATH *HAMMAM*

40 BGN/25 min

ORIENTAL PEELING *KESE*

A traditional Oriental procedure for cleaning of the body with a special glove made of silk threads Kese after previously warming and moisturizing the skin in a Turkish bath.

48 BGN/25 min

BODY PEELING WITH HONEY AND COFFEE

An amazing combination of natural coffee, candied honey and herbal oils to achieve a silky soft, naturally hydrated and tight skin with improved elasticity.

76 BGN/55 min

ORIENTAL PEELING WITH FOAM MASSAGE

A great combination of traditional Oriental therapies for exfoliating the whole body with a silk glove and classic massage with aromatic foam from natural soaps.

128 BGN/90 min

ORIENTAL TALE

A magical and exotic experience with authentic Oriental peeling followed by a relaxing aromatic foam massage with natural soaps and ending with a facial and body mask for total body detoxification and cleansing at all levels and deeply nourishing the skin.

ANTI-CELLULITE AND WEIGHT LOSS PROCEDURES

36 BGN/30 min

RADIOFREQUENCY BODY LIFTING (ONE ZONE AT YOUR CHOICE)

*An innovative method of body shaping.
An effective procedure using low frequency radio waves that pass through the epidermis without heating it and activate their effect in the layers of the dermis.
The thermal effect restores the synthesis of elastin and collagen, accelerates the metabolism and toning of the skin and helps eliminate cellulite.*

A package of 5 procedures: 144 BGN

44 BGN/40 min

ANTI-CELLULITE MASSAGE

A package of 5 procedures: 160 BGN

NEW

NEW

NEW

45 BGN/40 min

LYMPHATIC DRAINAGE *SCULPTED SILHOUETTE*

A package of 3 procedures: 108 BGN

121 BGN

SILHOUETTE PACKAGE

The package includes 3 procedures:
2 lymphatic drainage + 1 anti-cellulite massage

THALGO FRANCE

WHOLE BODY TREATMENTS

36 BGN / 30 min

BODY PEELING

It removes the dead cells and rough skin, gives an even and bright skin tone.

112 BGN / 90 min

SPECIAL RELAXING SPA TREATMENT **INDOCEANE**

An exotic therapy, starting from the Mediterranean with exfoliation of the whole body with brown sugar, sea salts and citrus essential oils that will revive and bring vitality and radiance to your skin after it is deeply cleansed and polished to perfection.

The therapy goes through India with a relaxing massage, including a complex of Ayurvedic techniques, and ends in China with a hydrating and nourishing body mask with rice extracts and sacred lotus.

96 BGN / 90 min

RELAXING SPA RITUAL **POLYNESIA**

The virtual journey of the senses to the islands of Polynesia begins with exfoliation of the body with white sand from Bora Bora, combined with natural sea salts and coconut shells for silky softness and smoothness of the skin and continues with exotic lomi lomi massage combined with warm sandbags. The fairytale ritual ends with the application of a special nourishing oil with golden particles for a divine sensation.

HYDROMASSAGE THERAPIES IN A PROFESSIONAL BATH

24 BGN/20 min

INTENSIVE RELAXING MASSAGE

A memorable relaxing experience in an aromatic hot tub with a built-in system of nozzles that build its unique configuration and create water streams massaging the body with varying strength and at different angles.

This massage removes tension and fatigue and at the same time calms the nervous system.

28 BGN/25 min

INTENSIVE LYMPH MASSAGE

The special aromatic bath offers you a feeling of lightness and perfection with intense lymph massage by sequentially incorporating water jets into four zones starting from the legs and ending with the upper body.

It resorbs the swellings and has a relaxing and pain-relieving effect.

It finishes with a caressing pearl massage.

28 BGN/25 min

ANTI-CELLULITE UNDERWATER MASSAGE

Underwater massage is an extremely effective method for breaking down cellulite.

The heating effect of water directed under pressure towards the problematic areas of the body will affect in depth the toxins accumulated around the fat deposits and will help break down cellulite and smooth the skin.

It finishes with a gentle pearl massage.

CHOOSE THE AROMA FOR YOUR BATH:

- A tablet with lotus extracts
- A tablet with microalgae and white lily extracts
- Iron salts with juniper

DETOXIFYING TREATMENTS WITH WATERBED *AEMOTIO*

76 BGN / 55 min

MICRONIZED ALGAE WRAPPING

/STEAM BATH, THALASSOTHERAPY, CHROMOTHERAPY AND A VICHY SHOWER/

The body is wrapped in a mask of 100% natural algae, after that it will be gently wrapped in steam bath, followed by a hand-made massage under the **Vichy shower**.

The therapy has a profound **draining and detoxifying effect**, helping to eliminate toxins from the body, preventing water retention and helping to lose weight.

A truly toning effect on the whole body that will help you achieve the desired shape.

76 BGN / 55 min

WRAPPING WITH MUD FROM DEAD SEA AND EXFOLIATING WITH SEA SALTS

/STEAM BATH, EXFOLIATION, PELOID THERAPY, CHROMOTHERAPY AND A VICHY SHOWER/

The body is covered with mud collected from the shores of the Dead Sea, and after that it will be gently wrapped by steam bath.

Then comes the exfoliation with sea salts, and in the end – the relaxing effect of the **Vichy shower**.

The therapy cleans the pores, takes away the oily secretion of the skin and is an excellent remedy for a wide range of skin diseases such as psoriasis, eczema, pimples and inflammatory problems.

It is highly effective in the fight against cellulite.

The skin hydrates, becomes smooth and healthy, and increases its elasticity and radiance.

76 BGN / 55 min

HEALING PEAT MUD WRAPPING

/STEAM BATH, PELOID THERAPY, A HEALING BODY MASSAGE/

Application on the whole body with heated healing mud that sucks out the toxins and has a strong detoxifying effect.

Healing peat mud also has anti-inflammatory, analgesic and immunostimulatory effect, improves blood circulation, activates metabolism and strengthens the bone system.

The therapy ends with a whole-body healing massage.

NEW

NEW

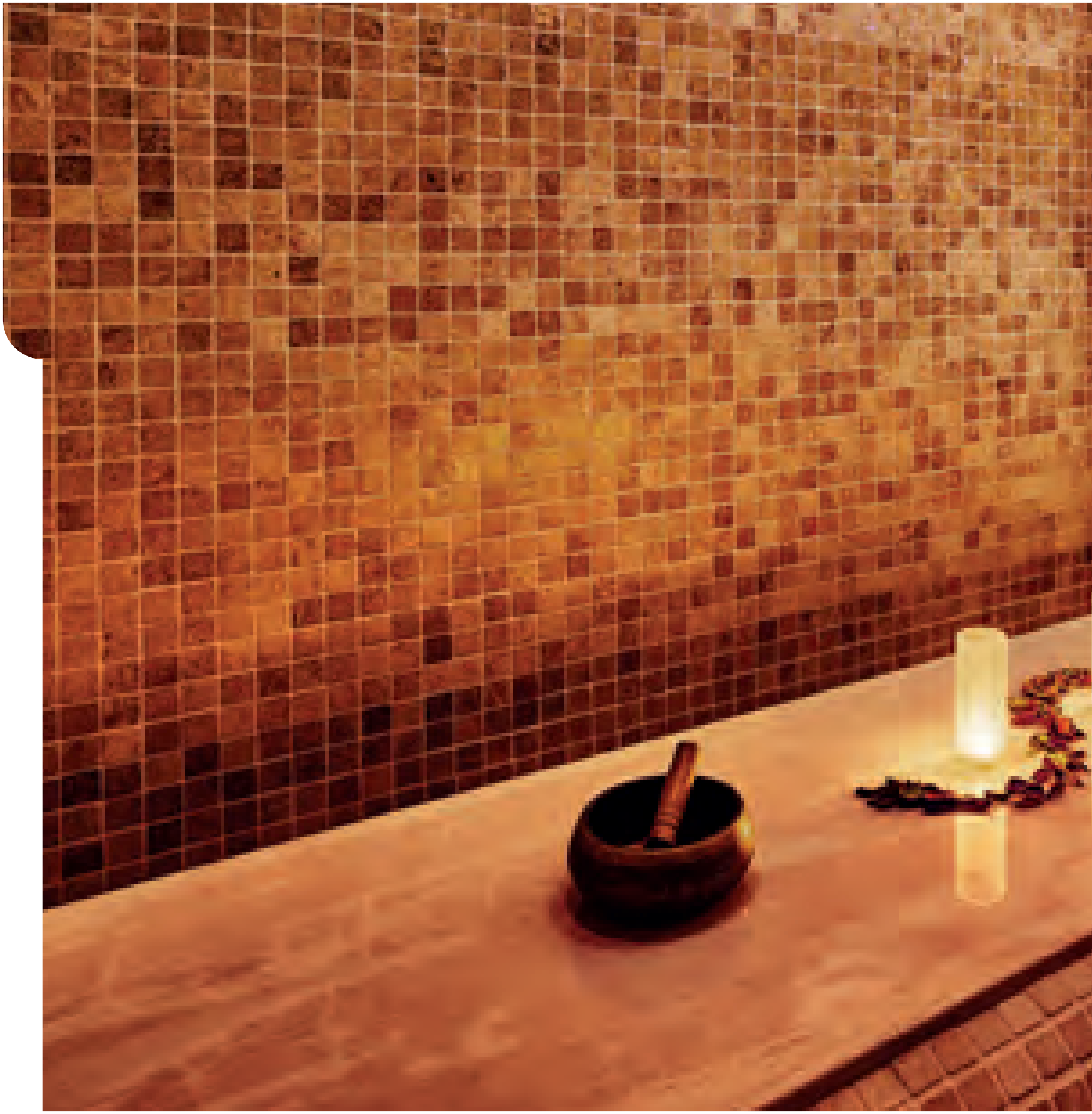
NEW

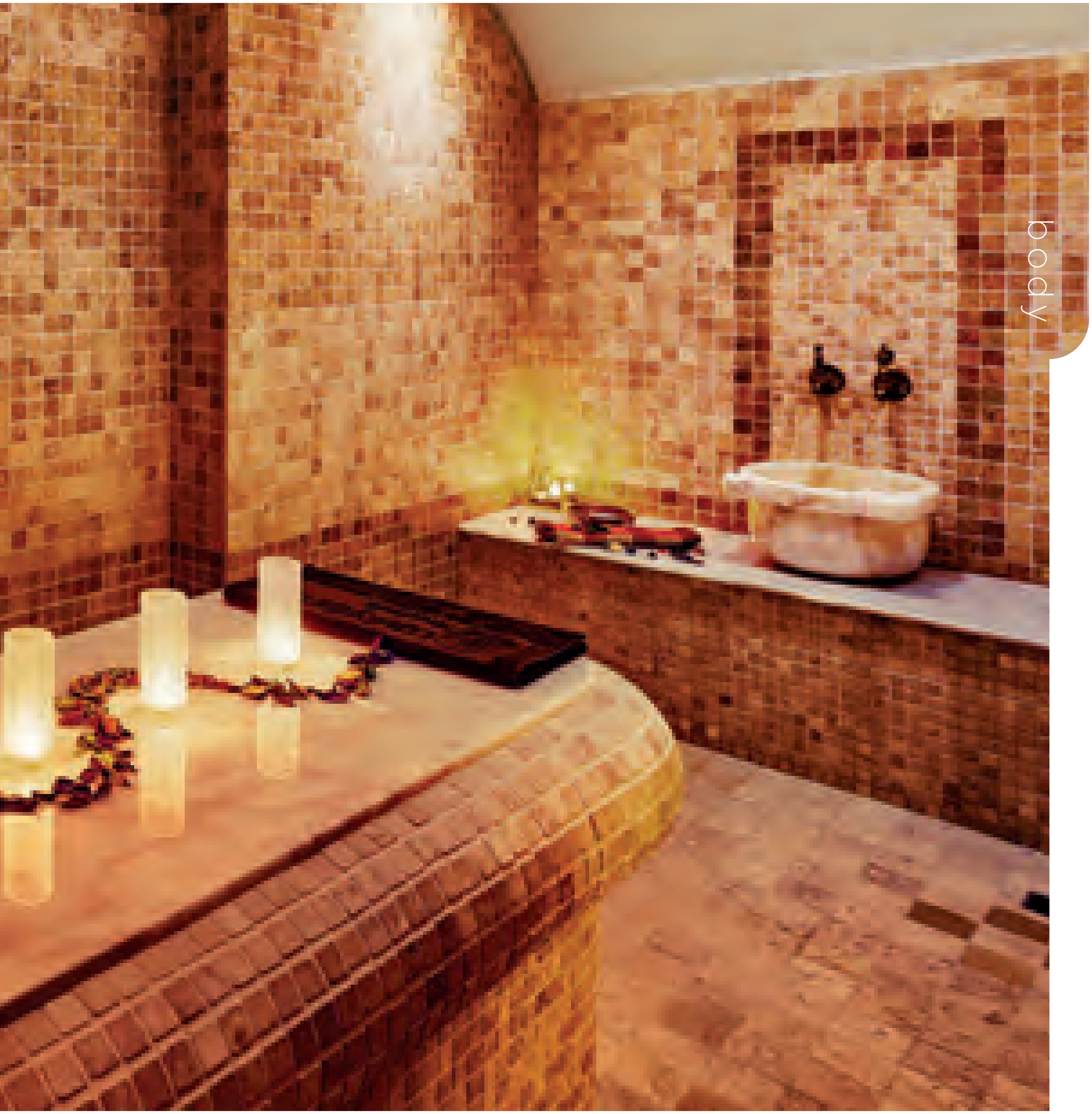
157 BGN

SILGAE PACKAGE

The package includes 3 procedures:
2 lymphatic drainage + 1 waterbed with micronized algae

body





body



FACIAL BEAUTY



facial beauty

THALGO FRANCE

FACIAL BEAUTY TREATMENTS

56 BGN / 50 min

CHRONO-DETOX TREATMENT

An oxygen and anti-stress therapy designed for skin exposed to the adverse impact of the urban environment.

Through its special patented triple complex against free radicals this therapy regains the radiance and tone of the face and charges the skin with oxygen and energy.

80 BGN / 55 min

COLLAGEN PROGRAM

This program provides effective care for rejuvenation and revitalization.

It improves the hydrolipid skin layer.

After this treatment the skin of your face will have a new glow and the fine lines and wrinkles will be smoothed out.

104 BGN / 75 min

SILICON PROGRAM

Super lifting effect for the skin, visible wrinkle smoothing and incredible radiance.

After only one cosmetic treatment your face will look a few years younger – the skin is radiant, the wrinkles are less visible, the oval of the face is tighter and lifted.

The immediate lifting effect is due to silicon of marine origin.

It is an element that is present in the human body, especially in the skin, and is needed for the production of the supporting threads – collagen and elastin.

AKADEMIE FRANCE

FACIAL BEAUTY TREATMENTS

40 BGN/30 min

EYE WRINKLE TREATMENT

Eye skin is the most delicate and gentle part of the face and that's why it needs special care. The treatment reduces the under-eye bags, puffiness and dark circles.

72 BGN/55 min

MANUAL CLEANING TREATMENT

For a clean, fresh and radiant skin.

72 BGN/55 min

HYALURON PROGRAM

Extremely suitable for very dry, dehydrated and damaged skin. The main ingredient in the therapy is the filling hyaluronic acid – a vital skin density molecule that provides the supportive function of the epidermis through its ability to attract and retain water.

72 BGN/55 min

ANTI-WRINKLE TREATMENT

A hydrating therapy that prevents and treats the first wrinkles for each skin type.

72 BGN/55 min

HYDRATING AND NOURISHING TREATMENT

A unique face ritual that softens and hydrates your skin in depth. This ritual relieves stress, relaxes deeply and removes tension from the face. It regenerates and nourishes the skin by maintaining natural levels of hydration.

72 BGN/55 min

TREATMENT FOR MEN

It soothes dehydrated skin by restoring the natural water balance and eliminating the unpleasant sensation of tension and discomfort.

76 BGN/55 min

HYDRATION PROGRAM + RADIOFREQUENCY LIFTING

A complex therapy – the latest innovation in the non-surgical, safe and painless treatment of skin loosening in the facial area, instant lifting effect and intensive hydration. A visible effect in the long run.

BEAUTY FACIAL THERAPIES WITH **INTRACEUTICALS** MACHINE

This procedure comes from Hollywood and is used by Madonna and other celebrities. The machine produces clean oxygen with the help of which serums developed with the use of nanotechnologies are injected into the skin.

180 BGN / 55 min

REJUVENATE – A DEEPLY HYDRATING AND REJUVENATING PROCEDURE

A rejuvenating serum, which contains a special lightweight hyaluronic acid molecule in combination with vitamins and powerful antioxidants, instantly moisturizes the skin, which manifests itself as visible tightening, fine wrinkle smoothing, face contour lifting effect and full skin radiance.

190 BGN / 55 min

OPULENCE – A WHITENING TREATMENT

It is an oxygen penetration into the dermis with active whitening ingredients. The therapy has a hydrating effect. It affects pigmentation in depth and provides a visible result.

180 BGN / 55 min

ATOXELENE – A UNIQUE LIFTING TREATMENT

It visibly smoothes the fine and deeper wrinkles, softening the lines of the face and giving a youthful look.

180 BGN / 55 min

VITAMIN A + BOOSTER – A REGENERATING TREATMENT

The serum improves uneven texture and deep wrinkles, stimulates the production of collagen and elastin, softens the skin, helps its cleaning and unclogging the pores, therefore it has a good effect in removing pimples. It has antioxidant properties and protects against free radicals.



180 BGN / 55 min

VITAMIN C + BOOSTER – A SKIN PROTECTING TREATMENT

*Super antioxidant which helps to achieve a radiant and rejuvenating effect.
The three synergistic forms of vitamin C help to smooth, strengthen and protect the skin.
Vitamin C also contributes to better softening of the skin.*

180 BGN / 55 min

COLLAGEN + BOOSTER – A RESTORING TREATMENT

*It provides a powerful cocktail of peptides that stimulate the production of collagen and elastin in the skin.
The newly synthesized collagen regenerates skin, rejuvenates it and fills up its volume.*

180 BGN / 55 min

ANTIOXIDANT+ BOOSTER – A BALANCING TREATMENT

*It revives and balances the stressed skin with its extremely powerful natural ingredients – antioxidants.
It is suitable for removing the visible puffiness and dark circles around the eyes.
An active antioxidant that effectively supports the skin that goes through aging processes; preserves its elasticity because it keeps lipids and collagen fibers from oxidizing or destroying.
This treatment protects the skin from premature aging as well as external influences.*

INTRACEUTICALS PACKAGE OFFERS

470 BGN / 3 procedures

ANGELIC FACE

FOR PREVENTION AND REMOVAL OF FINE WRINKLES, HYDRATING AND SMOOTHING

- **REJUVENATE** – FOR IN DEPTH HYDRATION AND REJUVENATING
- **ATOXELENE** – A UNIQUE LIFTING TREATMENT
- **VITAMIN C + BOOSTER** – A SKIN PROTECTING TREATMENT

495 BGN / 3 procedures

PURE BEAUTY

FOR A CLEAN SKIN TONE, REDUCING OF SPOTS AND OTHER IMPERFECTIONS

- **OPULENCE** – A WHITENING TREATMENT
- **VITAMIN A + BOOSTER** – A REGENERATING TREATMENT
- **VITAMIN C + BOOSTER** – A SKIN PROTECTING TREATMENT

595 BGN / 4 procedures

NEW LIFE

INTENDED FOR THE AGE OF 40+ WITH A LIFTING EFFECT

- **REJUVENATE** – FOR IN DEPTH HYDRATION AND REJUVENATING
- **ATOXELENE** – A UNIQUE LIFTING TREATMENT
- **VITAMIN A + BOOSTER** – A REGENERATING TREATMENT
- **COLLAGEN + BOOSTER** – A RESTORING TREATMENT

745 BGN / 5 procedures

PHOENIX

INTENDED FOR MATURE SKIN WITH A STRONGER LIFTING EFFECT, REMOVES IMPERFECTIONS, SMOOTHES AND TONES

- **REJUVENATE** – FOR IN DEPTH HYDRATION AND REJUVENATING
- **ATOXELENE** – A UNIQUE LIFTING TREATMENT
- **COLLAGEN + BOOSTER** – A RESTORING TREATMENT
- **VITAMIN C + BOOSTER** – A SKIN PROTECTING TREATMENT

SPECIAL FACIAL TREATMENTS

28 BGN/20 min

ULTRASOUND FACIAL PEELING

It removes the upper layer of dead cells and minimizes the signs of aging - pigment spots, wrinkles and dehydration.

36 BGN/25 min

RADIOFREQUENCY FACIAL LIFTING

*A high-frequency radio wave that penetrates the skin and causes warming of collagen fibers, which activates them and causes thickening and wrinkle reduction.
The skin is smooth and tight and restores its elasticity; blood circulation improves.*

COMBINED THERAPIES 2 IN 1 (10% discount for the second one)

FACE THERAPY + DETENSOR	additional	18 лв.
FACE THERAPY + MANICURE	additional	18 лв.
FACE THERAPY + PEDICURE	additional	23 лв.
FACE THERAPY + REFLEXOTHERAPY	additional	32 лв.
HYDROMASSAGE BATH + FACE MASK	additional	32 лв.



facial beauty





OTHER TREATMENTS



other treatments

OTHER TREATMENTS

20 BGN / 20 min

FISH SPA

The Garra rufa fish are distinguished by their ability to remove diseased and dead epithelial cells from human skin. The saliva of these fish contains the special enzyme dithranol which acts on the skin, making it remarkably smooth.

20 BGN / 40 min

DETENSOR TREATMENT

*The **Detensor** system was developed by Prof. Leonard Kienlein after more than 10 years of clinical trials. The patient lies for 40 minutes on a special three-part mattress, which acts on both the vertebrae of the spinal column which dilate as well as on the musculature. Removes pain in the back and waist with a guaranteed long-lasting effect. The procedure is done in your hotel room or while you are at a beauty treatment at the SPA center.*

10 BGN / 4 min

INDOOR TANNING

For an even tan all year round.

MATRIX-RHYTHM THERAPY

95 BGN/85 min

WHOLE BODY THERAPY

40 BGN/25 min

FACE AND NECK THERAPY

Supports the healing process and has a positive effect for: sinusitis, migraine, stress, wrinkles, toothache, facial nerve damage, spasms, facial muscle pain

50 BGN/30 min

BACKBONE THERAPY

Supports the healing process and has a positive effect for: discopathy, spinal distortions, osteoporosis, radiculitis, low blood pressure, high blood pressure, becharest, exostoses, diabetes, plexitis, backbone and waist pains, respiratory diseases, parkinsonism

40 BGN/25 min

HANDS THERAPY

Supports the healing process and has a positive effect for: edema, lymphatic stasis, fractures, plexitis, Sudeck Syndrome, tendon inflammation, Carpal Channel Syndrome, rheumatoid arthritis, arthrosis, arthritis, muscle and joint pains, scars, concretions, contractures, phantom pain, paraesthesia, paralysis

50 BGN/30 min

FEET THERAPY

Supports the healing process and has a positive effect for: paralysis, cellulitis, neuralgia, muscle cramps, fractures, lymphatic stagnation, horse tread, flatness, sports injuries, phantom pain, gypsum immobilization, post-surgery recovery, edema, varicose veins

40 BGN/25 min

MASSAGE COLLAR THERAPY

Supports the healing process and has a positive effect for: insomnia, high blood pressure, plexitis and neuritis, low blood pressure, fractures and trauma, stiffness and rigidity in the skull muscles, exostosis, bursitis

72 BGN/50 min

ANTI-CELLULITE THERAPY







2018