



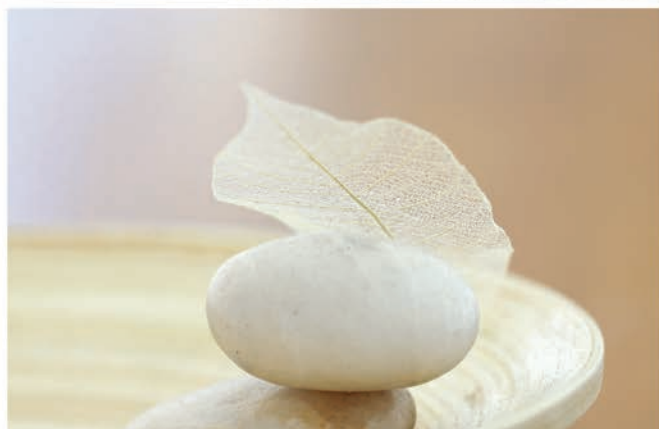
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APARTHOTEL ★ ★ ★ ★ ★

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# SPA

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## treatment menu



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# WHOLE BODY MASSAGE

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	duration	price
hot stone massage Unique combination of manual massage and hot stones promotes muscle relaxation, improves circulation and calms the psyche.	75 MIN	95 BGN
classical massage The massage calms the nervous system and promotes a sense of relaxation, improves the blood circulation and reduces the tension in the muscles.	50 MIN	70 BGN
relaxing massage The Massage promotes a sense of relaxation and well-being, stimulates the immune system and helps muscles to stay flexible.	50 MIN	70 BGN
roman massage with milk and honey The natural treatment combines specific massage technique, honey and milk hydrating and rejuvenating effects.	50 MIN	85 BGN
couples massage-relaxing Enjoy the massage in the cabinet for two. This eliminates your fatigue and recharges you positively.	50 MIN	130 BGN
aroma massage A specially designed aroma therapy and a unique combination of smelt and felt fragrant oils.	50 MIN	80 BGN

	duration	price
deep-tissue-massage	50 MIN	90 BGN
The deep muscle therapy is ideal for anyone before and after physical exertion because it helps the muscle regeneration. The focus is on the deepest layers of the muscle tissue.		
ayurveda massage	50 MIN	75 BGN
The relaxing massage carries away the body's waste products and makes the tissues softer.		
thai massage	55 MIN	100 BGN
It gives a passive stretching and a delicate pressure on the body which increases the flexibility, relaxes the tense muscles and the tension in the joints.		
yumeiho massage	50 MIN	100 BGN
A method of manipulation of the joints and deep massage which main purpose is to balance the center of weight and the level of muscular imbalance.		
active rehabilitation and preventive treatment valenti	90 MIN	120 BGN
A unique combination of Classical Massage, Yumeiho Massage, Thai Massage and Acupressure Massage improves the full body statement.		

# PARTIAL MESSAGES

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	duration	price
fish spa Gara rufa fish is known for its ability to remove sick or dead epithelial cells from the human skin. The saliva of this fish contains the special enzyme dithranol which is beneficial to the regenerative abilities of the skin, making it visibly smooth, soft and younger.	20 MIN	20 BGN
after ski stretching A technique for a quick recovery after skiing	25 MIN	40 BGN
facial and head massage Facial and head massage is a wonderful technique that helps those who suffer from insomnia, relieves tension headaches and mental strain.	25 MIN	40 BGN
neck and shoulders massage Massage relieves pain, loosens the contracted, shortened and hardened muscles and restores neck and the shoulders mobility.	25 MIN	40 BGN
back massage Back massage may prevent strain, stress and depression.	25 MIN	40 BGN
tired-feet-massage reflexology The genuine reflexology method is the application of pressure onto particular areas of the soles of the feet.	25 MIN	40 BGN

	duration	price
anti-cellulite massage Local manual massage helps fat deposits to detach from the tissues and make the skin smoothing and straightening.	25 MIN	40 BGN
back and legs massage The massage improves the muscle balance in the back and the feet areas.	30 MIN	40 BGN
back massage with natural honey The massage carries away the body's toxins and stimulates the immune system and the healthy functions of the body.	30 MIN	50 BGN
anti-cellulite massage with natural honey The massage restores the normal blood circulation and increases the lymph movement, helps fat deposits detaching from the tissues and caryng away the body's toxins and liquids.	30 MIN	50 BGN
ultrasound therapy /anti-cellulite/ A modern treatment method combines the ultrasound wave and the medicament effects.	30 MIN	50 BGN
solarium Skin care and soft complexion procedure.	4 MIN	5 BGN

# MASSAGES FOR KIDS

	duration	price
<b>sea adventure massage</b> Would you like to know how Ariel feels while she is swinging on the sea waves and then relaxing on the warm sand? Come here and take your gift!!! The massage provides relaxing swinging and warm sand bags put on souls, hands and back.	50 MIN	70 BGN
<b>tuty-fruity massage</b> Fruits make your skin brightening. Choose them and enjoy the relaxing massage! Take the fruit and choose your present! (The procedure provides a gentle fruit skin cleansing, 5-minute mask, washing and a full body massage.)	50 MIN	75 BGN
<b>“sweet dreams” massage</b> Are you tired of going for walks and playing games? Remember-here you could enjoy the “sweet dreams” massage! Are you ready to fall asleep?!? (Full body relaxing massage)	25 MIN	40 BGN
<b>the dance of the raindrops</b> Hey kids, don't HIDE AWAY FROM rain like Thumbelina! Feel the rain drops going down your legs! Come here very fast! Relaxing massage and small wooden sticks look like water drops going down the body and legs.	25 MIN	40 BGN
<b>back massage “short vacation”</b> Forget about school and classes during your vacation! You'll get a present! (back, hands and scalp relaxing massage)	20 MIN	30 BGN
<b>“tired-feet” massage</b> Are you tired after playing a lot of games with your true friends? Enjoy your massage ! There's a prize for you! (Relaxing massage for legs and especially soles.)	20 MIN	30 BGN



# BODY CARE TREATMENTS

	duration	price
body peeling massage Body peeling is ideal for removing old skin cells and for giving the skin smoothness and brightness.	30 MIN	45 BGN
body exfoliation with sea mud and salts Luxurious exfoliation care with “Dead sea” mud and mineral salts.	55 MIN	90 BGN
detox seaweed body wrap 100% natural seaweed wrap therapy has demineralizing, antioxidant and detoxifying the body effects.	55 MIN	75 BGN
therapy for tired and “heavy” legs Lymphatic Drainage and refrigerating mask eliminate the pain in feet.	50 MIN	60 BGN
chocolate spa therapy A hot Chocolate Relaxing Massage is followed by grinded herbs and hydrating cream-chocolate peeling procedure, which reduces the everyday stress and nourishes the skin.	55 MIN	70 BGN
slimming and body firming therapy Personalized program, focused on the cellulite areas and the elasticity treatment, reduces the body size and improves skin texture.	55 MIN	90 BGN

## special relaxing spa therapy "indoceane"

Magic journey to secrets of ORIENTA, starting from the Mediterranean with brown sugar, sea salts and citrus ethereal oils aroma peeling full body exfoliation, passing by India with Ayurveda relaxing massage techniques, focusing on the key energy areas, and finishing in China by applying a rice extracts and lotus hydrating and nourishing the body skin mask.

**duration****price**

90 MIN. 120 BGN

## relaxing spa ritual "polynesia"

The virtual journey to the POLYNESIAN islands starts with the Bora-Bornean white sand, sea salts and coconut shells body exfoliation, goes on with exotic lomi-lomi massage, combined with warm sand bags, and ends by applying nourishing oil with goldish elements.

90 MIN. 120 BGN

# SPECIAL THERAPIES

	duration	price
ultrasound face peeling The procedure eliminates the upper layer of dead cells and minimizes the age marks- pigment spots, wrinkles and the dehydrating process.	20 MIN	30 BGN
radiofrequency face lifting RF system is powerful medical grade Radio Frequency technology that when applied to the skin delivers very deep heating at the collagen threads and provides sealing and wrinkle reduction.	25 MIN	35 BGN
radiofrequency body lifting (optional zone) The procedure reduces the fatty cells and the cellulite, collagen resumption and skin tightness.	30 MIN	40 BGN

# COSMETIC FACIAL THERAPY

## „THALGO“

### chrono detox therapy

Oxygen and anti-stress therapy is targeted to protect the skin from everyday pollutants and stress in the city life. With its 3-Defence anti-free radicals Complex, this therapy restores the natural luminosity and brightening of the skin full of oxygen and energy.

**duration**

50 MIN

**price**

55 BGN

### hydrating and remineralizing therapy with micronized seaweed mask

Remineralizing, cleansing and detoxing facial therapy with 100% natural micronized seaweed. Recommended for all skin types.

55 MIN

53 BGN

### hydrating ritual

This cosmetic therapy increases the level of hydrating and restores the natural brightening of the skin, combining the deep sea water hydrating and detox effect of microelements and sea salts.

55 MIN

75 BGN

### alleviating procedure for sensitive skin

Therapy calms sensitive and reactive skin. Hyposen-syne Complex quickly eliminates the skin irritation and the red spots. Your skin restores its fresh and even complexion.

55 MIN

75 BGN

### collagen program

The procedure provides effective revitalizing care, limits water waste and improves the skin's hydrolipidic layer.

55 MIN

110 BGN

### siliceous program

Super skin lifting, combating wrinkles and incredible brightness.

75 MIN

140 BGN

# COSMETIC FACIAL THERAPY

## „ACADEMIE”

	duration	price
anti-wrinkles eye-contour-area therapy The therapy reduces lines, dark circles and puffiness.	30 MIN	40 BGN
base mannual cleansing therapy The therapy provides clean, fresh and brightening skin.	55 MIN	60 BGN
hyaluronic base program Procedure is recommended for extremely dry, dehydrate and damaged skin.	55 MIN	60 BGN
base anti-wrinkle therapy Express care when first wrinkles appear.	55 MIN	62 BGN
base hydrating therapy Therapy restores and supports natural skin moisture.	55 MIN	65 BGN
base nourishing therapy Therapy is suitable for all skin types.	55 MIN	65 BGN
base therapy for men Therapy is suitable for all skin types	55 MIN	72 BGN
hydrating and radio frequency lifting program Instantly lifting effect.	55 MIN	80 BGN

### optimal hydrating express

Therapy provides intensive hydrating, smoothes fine wrinkles and lines, makes the skin mild and bright.

**duration**

55 MIN

**price**

120 BGN

### regulating and deep cleaning program

Deep cleaning and pore tightening.

55 MIN

120 BGN

### “oxygen stimulant” program

Therapy provides natural protection of the skin, giving it healthy and soft complexion.

55 MIN

120 BGN

### “anti-wrinkles” program

Complex Therapy smoothes the wrinkles. High-active ingredients stimulate tissues and guarantee last longer results.

55 MIN

140 BGN



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